

A woman with brown hair and a young girl with blonde hair are looking at a smartphone together. The woman is on the left, smiling, and the girl is on the right, holding the phone. They are both looking down at the screen. The background is a dark, textured wall.

Left to their own devices?

**Confident
parenting in
a world of screens**



Power up your parenting for the online generation

The internet revolutionised the way that we live our lives. From smartphones to social media, digital technology allows young people to develop life skills and build connections in ways that were never previously possible.

Despite this, parents can feel out of touch with their children's online habits. Many are concerned about how to protect their children from online bullying, pornography and the pressure of the selfie culture; not to mention worries over the sheer amount of time spent on screens.

But as well as the challenges there are advantages - the internet can be used as a tool for good within families. Embracing the positive aspects of digital life together can help parents become role models and build a close connection with their children.

At *Left To Their Own Devices?*, speakers Katharine Hill and Philip Jinadu will provide parents with perception-shifting insights into today's increasingly digital world.

You'll come away with loads of practical tips on how to guide your family through the highs and lows of the digital world, including:

- How to positively engage with your children's digital habits
- The impact of the most popular social media tools
- Managing screen time
- Ways to nurture online resilience within your family.



Katharine Hill

Katharine Hill is UK Director of Care for the Family. She is a well-known speaker, broadcaster and author. Her recent book, *Left To Their Own Devices? - Confident Parenting in a World of Screens*, explores the impact of the digital world. She is married to Richard and they have four grown-up children.



Philip Jinadu

Philip Jinadu is a popular conference and event speaker, and is on the speaking team at Care for the Family. He is regularly asked to talk on themes of marriage, parenting and identity. Philip and his wife Kate lead Woodlands Metro, a Bristol church full of millennials, and they have two grown-up daughters.

Join us at *Left To Their Own Devices?*
where we'll look at the impact of the
digital world on parenting, including:

Being digitally native

The effects of growing up in
an online-obsessed world.

The social revolution

Understand how social
media has redefined the
way we connect.

Selfies and self-worth

Empower your child to feel
confident in who they are.

Dangers of digital

The challenges and what your
family can do to overcome them.

Safeguard your family

Remain resilient while
embracing all the opportunities
of the digital world.

What parents have said about the event ...

“

Relevant, practical, but
above all inspirational
and motivational.”

“

I was reminded of the positive
influence I can be in my child's
life – first & foremost.”

Event Tour 2018

Reading

Tuesday 16 October
LifeSpring Church, RG1 7UY

Bristol

Thursday 18 October
St Michael's Centre, BS34 8PD

Aberdeen

Tuesday 6 November
Deeside Christian Fellowship, AB13 0JE

Edinburgh

Wednesday 7 November
St Paul's and St George's Church, EH1 3HP

Stockton-on-Tees

Thursday 8 November
Stockton Baptist Church, TS18 1TE

Tickets

1-3 tickets - £6 each
4 or more tickets - £5 each
On the door - £7 each
Special Partner rate - £4 each

Time: 7.30 pm – 10.00 pm
(doors open at 7.00 pm)

To book

cff.org.uk/owndevices
029 2081 0800



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Please note that we don't have the facilities to accommodate babies and young children at this event.
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